ITALY RETREAT BOOKING FORM 2025

*Which retreat are you booking? Please select:*

WEEK 1: JULY/AUG Arrival July 28 – Departure Aug 4 please tick \_\_

WEEK 2: SEPT Arrival Sept 4 – Departure Sept 9 please tick \_\_

Fly to Perugia (BA or Ryanair) or Rome

|  |  |
| --- | --- |
| Name (exactly as it appears on your passport) |  |
| Address and  Postcode |  |
| Country |  |
| Contact Tel No. |  |
| Email |  |
| Date of Birth |  |
| Next of Kin name and contact details |  |
| Please give details of any medical conditions/injuries/  allergies |  |
| Any other special/dietary requirements? |  |
| Do you wish to join the excursion package? (see website for details) |  |
| Do you require airport transfers (Perugia) |  |
| Do you require Cortona (Camucia) train station pick up (if coming from Rome or elsewhere) |  |
| How did you hear about this retreat? For eg. FG website, insta, FB, newsletter, third party website, friend etc |  |

**Single Occupancy request (supplement applied, note limited availability) tick here\_\_\_**

We have 2 rooms that can be taken as Singles with no extra charge depending on the bed plan arrangement. Please tick if you are interested and we will be in touch. One room is a very small room with its own garden entrance (no bathroom) the other is a larger room with the potential to share a bathroom with one other room.

And 2 single spaces – one junior, one standard.

We will release any other available double rooms for single occupancy 8 weeks before the retreat if the retreat is not full.

To guarantee a double room for single occupancy before that time the supplement is listed below. Please enquire if you wish to secure one of these as we have limited availability.

**Please return and complete this form along with signed Terms and Conditions to:**

**Email:** retreats@fiercegrace.com

**Post:** Retreats, Fierce Grace Ltd, 260 Kilburn Lane, London W10 4BA

If you have any further questions, please contact Sue on: retreats@fiercegrace.com

Please forward your flight departure and arrival times to Sue on retreats@fiercegrace.com as soon as you have booked them.

**Room/Payment Options Details**

**7 DAY FULL RETREAT PRICES**

**We have 4 room types:**

1. **Standard Sharing:**No ensuite. (We have a pool shower and large shared bathroom nearby) £1350 pp

**Buy here**

<https://buy.stripe.com/28o5lV8TB3XefLO9B8>

Single Occupancy + 350 = 1700, please get in touch.

1. **Junior Sharing:** Ensuite £1450 **(Double Occupancy pp)**

**Buy here**

<https://buy.stripe.com/5kAg0zedVctK6beeV6>

Single Occupancy +400 = £1850 please get in touch

1. **Luxury Suite Sharing:** Larger room, larger full bathroom. £1550

Contact us for availability

Single Occupancy + 500 please get in touch

1. **Glamping:** We can offer you your own big glamping tent with proper bed and privacy if you love nature - £1200 single/900pp sharing.

Contact us for availability

**5 DAY MINI RETREAT PRICES**

*Please select room type, and email Sue on* [*retreats@fiercegrace.com*](mailto:retreats@fiercegrace.com) *and we will send you a payment link.*

1. **Standard Sharing:**No ensuite. (We have a pool shower and large shared bathroom nearby) £1150 pp

Single Occupancy £1450, please get in touch.

1. **Junior Sharing:** Ensuite £1250 **(Double Occupancy pp)**

Single Occupancy £1550 please get in touch

1. **Luxury Suite Sharing:** Larger room, larger full bathroom £1350

Single Occupancy + 500 please get in touch

1. **Glamping:** We can offer you your own big glamping tent with proper bed and privacy if you love nature - £800 single/950pp sharing.

Contact us for availability

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. **Online Banking:**

Account Number: **66208548**

**Sort Code:** 51-50-10

**IBAN** GB51NWBK51501066208548

**BIC** NWBKGB2L

**PLEASE USE YOUR SURNAME AS A REFERENCE FOR PAYMENT**

**Terms and Conditions**

Before you book your retreat, we ask that you read and if you wish to book, sign and return these terms and conditions. By signing it, you will be indicating that you understand the terms and conditions of the booking.

**BOOKINGS:**

There is no contract between Fierce Grace Yoga and the client until full payment has been made. Full payment to be made at the time of booking.

**INDIVIDUAL CANCELLATIONS:**

While we always try to treat cancellations sympathetically, we reserve the right to apply the following charges. Travel insurance to cover cancellation is a condition of booking.

We suggest you take out travel insurance as soon as you book your retreat, which will cover you for cancellations, as we cannot waive our cancellation policy or be liable for loss of your holiday in the event that you are unable to travel to the retreat.

As our retreats are often fully subscribed, if we can give your place to another customer who is on our waiting list, even within the 3 week period, we will endeavor to do so and if this is possible can offer you a full refund minus a £25 admin fee. We will do our best to avoid you having to pay any cancellation fees.

|  |  |
| --- | --- |
| **Cancellation Period** | **Cost** |
| 3 weeks prior to departure | No refund (unless we can sell your space) |
| 6 weeks or less prior to departure | 50% refund |
| 6 weeks or more prior to departure | 75% refund |

**INSURANCE:**

It is a condition of booking overseas holidays that all clients must have travel insurance to cover sickness, cancellation or curtailment.

We regret we cannot accept minors under the age of 18 on our retreats. This is due to the venue not being safe for youngsters as well as insurance issues.

Up until now insurance companies have excluded terrorism and acts of war from their cover. However many companies now offer this (on top of usual travel insurance) and will cover for cancellation or repatriation should anything of that order occur to make people feel disinclined to travel to a particular destination.

**CHANGES OR AMENDMENTS TO COURSES OR VENUES:**

Courses in the programme have been confirmed by the course teachers/leaders. If for any reason a course teacher/leader becomes unavailable we will do our best in conjunction with the teacher to find a replacement teacher of similar training and quality. Wherever possible you will be advised in advance of any alterations. Amenities or courses may be altered or amended due to maintenance work, mechanical faults, weather conditions, sickness or other situations outside our control and for which Fierce Grace Yoga cannot be held responsible.

**LIABILITY:**

We do NOT accept any liability for: Cancellations, delays or changes caused by war, threat of war, terrorist actions or threats, closure of airports, civil strife, industrial action, natural disaster, technical problems to transport, staff cancellations or other events beyond our control, participants' medical or psychiatric conditions which may develop during or subsequent to the holiday, loss of, or damage to, personal property of participants.

**HEALTH:**

Non-disclosure of relevant health information, whether physical or psychiatric, can invalidate your travel insurance and cancel our contractual obligation to you. You should in any case inform us of any health issues prior to booking.

In order to avoid injury we ask that you agree to follow all instructions given to you by the instructor as to when, where and how to perform and not to perform the yoga, it being understood that any deviation by you from such instructions shall be at your own risk. Students must listen to their own bodies and work within their own limitations. If any movements hurt or are uncomfortable, it is your responsibility to never take any exercise to a level of discomfort or pain.

Fierce Grace Yoga will not be held responsible for any injuries suffered, caused in whole or in part by failure to faithfully follow instructions.

Our holidays are not suitable if you cannot take responsibility for yourself either physically or emotionally. By signing this form you confirm that you are medically, physically, emotionally and in all respects fit and able to participate in this retreat.

**COMPLAINTS:**

In the unfortunate event of a problem or a complaint, in the first instance the client should address it immediately to the venue owner/manager. If not resolved, the client should contact Fierce Grace and we will attempt to mediate and resolve it for you as soon as possible so as not to detract from the enjoyment of your holiday. Please note that Fierce Grace Yoga is acting only to book the holiday on your behalf with the owner of the facility, the ultimate responsibility for resolution is between the client and the venue. However, we will always assist you with justifiable complaints provided we are notified of problems at the time they arise. Complaints about the yoga programme or booking process can be made to studios@fiercegrace.com.

**LEGAL STATUS:**

While promoting a venue does confer recognition of a good standard in accordance with our reputation, Fierce Grace Yoga is acting purely and solely as booking agents between, and on behalf of, both parties.

I have read, agree with, and will adhere to this information

Signature: Date: